Overview of Personal Management Skills and Devices

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Objectives
Upon completion of this presentation the attendees will:

- Understand some of the adaptive skills used with visually impaired clients to complete ADL’s with increased independence.
- Understand how to use devices that increase participation in financial management.
- Understand how to use devices that increase access and retrieval of information.
Personal Management Skills/Devices

- Personal Care
  - Grooming
  - Clothes Selection
- Home Skills
  - Kitchen Safety
  - Meal Preparation
  - Grocery Shopping
  - Managing Finances
- Adaptive Devices for Home Use
- Organizational Skills and Strategies
  - Labeling
  - Marking
Personal Care

- Grooming
- Clothing Selection
Home Skills and Devices

- Kitchen Safety
- Meal Preparation
Home Skills and Devices

- Grocery Shopping
- Managing Finances
Adaptive Devices for Home Use
Labeling and Marking
Communication Devices

- Financial Management
- Check Writing Guides
- Talking Calculators
Communication Devices

➢ Writing Guides
Communication Devices

- Telling Time
Communication Devices

- Accessing Information
  - Large Print
  - Braille
  - Recording
Resources

- Miami Lighthouse for the Blind: [http://www.miamilighthouse.org](http://www.miamilighthouse.org)
Questions and Answers